

**Ski Sundown**  
**2021 U14 Men & Women GS Race**  
**Saturday, February 20, 2021**  
**Ski Sundown, New Hartford, CT**

In accord with State of Connecticut public health guidance and reopening rules related to the COVID-19 pandemic, an athlete must be a member of a Connecticut-based club and CYSL to compete in this event. .

**Face coverings which completely cover the nose and mouth are required to be worn by all persons while on Ski Sundown property except during race runs as follows: Athletes may lower their mask in the start gate, to take their race run, but must put it back on before leaving the finish corral.**

**Race Information:**

**Event:** Sundown U14 Men & Women GS

**Format:** Giant Slalom Race consisting of two runs

There will be minimal reset between runs (1-2 gates) with no on-course inspection. Any changes will be communicated to competitors via team captains in a timely manner.

**Race Venue:** Gunbarrel

**Jury:** Chief of Race (CR): Mark Meleshkewich(SUND)

Technical Delegate (TD): Rick Hanbury

Referee (RF): TBS

**COVID Coordinator:** Mark Meleshkewich

**Race 1 Course Setters:** Run 1- Sean Burns (Sundown); Run 2- TBD

**Team Captain's Meeting:** Friday, February 19, 2021, 7:00 p.m. virtually via Microsoft Teams.

**Join on your computer or mobile app**

[Click here to join the meeting](#)

**Join with a video conferencing device**

[194226754@teams.bjn.vc](mailto:194226754@teams.bjn.vc)

Video Conference ID: 114 694 491 9

[Alternate VTC dialing instructions](#)

**Or call in (audio only)**

[+1 203-572-5894](tel:+12035725894),,564664245# United States, Bridgeport

Phone Conference ID: 564 664 245#

[Find a local number](#) | [Reset PIN](#)

[Learn More](#) | [Help](#) | [Meeting options](#) | [Legal](#)

**Radio channels:** Tera 1 / Motorola 5: Ski Patrol

Tera 11 / Motorola 1: Race jury & connection coaches

Tera 12 / Motorola 2: Race administration / jury talk around

Tera 13 / Motorola 7: Timing

**Ski Patrol:** Located behind Main Base Lodge and at top of Triple Barrel chair.

**Daily Program (Second Race times are approximate):**

6:00 a.m.: Lift opens for jury inspection.

6:00 – 6:30 a.m.: Lift Ticket Pickup by team captain or designee at the front of the Lodge near ticket windows. One coach picks up the tickets for all coaches and athletes, and a COVID-19 Symptom Check form. Athletes competing from the following clubs should already have their bibs: Team captains or designees should meet their athletes at designated locations in the parking lot demarcated by signs. Each team captain or designee must confirm that each athlete and coach has completed a **Pre-Screen Questionnaire**. Each athlete must also complete a **COVID-19 Symptom Check** the morning of the event with the team captain or designee prior to receiving a lift ticket. The COVID-19 Symptom Check is different and in addition to the Pre-Screen Questionnaire which should have been completed prior to arrival at the venue. The team captain or designee shall keep a record of daily symptom checks completed and lift tickets distributed. A ticket should not be distributed to anyone who has not completed either the pre-screen questionnaire or the daily symptom check. Any individual reporting or displaying symptoms of COVID-19 should be instructed to return to their vehicle immediately and must be reported to the COVID Coordinator immediately by the team captain or designee.

**Race 1**

6:15 a.m.: Jury inspection.

6:45 a.m.: Appointment of connection coaches at finish corral.

7:00 a.m.: Course open for competitor inspection **by team**.

Team inspection times: Sundown 7:00 a.m., Southington 7:10 a.m., Mohawk 7:20 a.m. Powder Ridge 7:30 a.m.

Tempor open for warmup.

7:40 a.m.: Course closed to competitors.

7:45 a.m.: Coaches in place.

7:50 a.m.: Run 1 forerunners (3).

8:00 a.m.: Women's first run begins.

8:30 a.m.: Men's first run begins.

9:00 a.m.: First run concludes.

9:20 a.m.: Run 2 forerunners (3).

9:30 a.m.: Women's second run begins.

10:00 a.m.: Men's second run begins.

10:30 a.m.: Second run concludes.

**Warmup and Training Area:** Tempor, beginning at 7:00 a.m.

**Official Notices & Protests:** Notices posted on Live Timing (<https://livetiming.us skiandsnowboard.org>), including electronic Reports by the Referee. Notification of DSQs will also be made by radio to appointed connection coaches. Notification of protests must be made by radio, with confirmed receipt of the protest by radio, or by email to [mpm32@msn.com](mailto:mpm32@msn.com), during the protest period. In either case, the individual filing the protest must immediately report to the finish corral. In case of technical difficulties, an alternative plan for distribution of race documents that adheres to social distancing rules will be communicated via radio.

**Awards:** There shall be no awards ceremony. Awards will be given to team captains to distribute.

**Additional Information:**

- All race participants (athletes, coaches, officials, and volunteers) must complete a pre-screen questionnaire within 24-48 hours before the start of the event.
- All race participants (athletes, coaches, officials, and volunteers) must complete a daily symptom check the morning of event.
- Lodges are closed to athletes. Bathroom facilities are available in the lodge.
- Only one parent per athlete is permitted to be on the property at a time unless having purchased a lift ticket in advance.
- There will be NO race-day registration. Athletes should arrive at least 30 min prior to their assigned inspection.
- Leave Gear Bags in cars - consider bringing a backpack, with essentials, to the start. There will be designated areas at the start for each team to stage. Signage will be provided. Racers may leave items in their designated areas at their own discretion.
- No scoreboards or startlists will be provided. Live-timing (<http://livetiming.usskiandsnowboard.org>) is the only place to find startlists, race results, and race reports like the Referee Report, and Second Run Start Lists. A paper startlist will be provided to each team captain at registration.
- Spectators are not permitted inside the race arena.
- The start area will have team zones demarcated at least six feet apart from each other. Athletes should remain in their designated team zones until called to the start.
- Medals will be awarded to the top 5. Medals will be given to the athlete's head coach to distribute.
- No free skiing is allowed on Gunbarrel. Warm up runs can be taken on Temptor. Coaches are encouraged to slip the course when making coat runs.
- No special-rate parent tickets will be sold on the day of the race. Anyone wishing to purchase a lift ticket must do so online, in advance. Please note that due to capacity limitations, lift tickets regularly sell out days in advance.
- Any participant who becomes symptomatic during or within 48 hours after the event is required to notify the Chief of Race and COVID Coordinator. Any participant who tests positive for COVID-19 must follow U.S. Ski & Snowboard Return to Sport guidelines Any participant who has had close contact with a positive COVID-19 case must follow CDC When to Quarantine guidelines before participating in a subsequent U.S. Ski & Snowboard race.

### **Summary of Medical Protocol**

Ski Patrol can be reached on channel 5

The Ski Patrol has a top shack at the entrance to the race trail "Gunbarrel". This facility is manned at all times and is ready to respond to any possible medical emergency on the race course within 2 to 3 minutes. All expected equipment needed to respond to medical emergencies is also on hand at the top shack.

Upon arriving at the scene the Ski patroller makes an assessment and determines the level of care needed.

Scenarios could include.

No care needed.

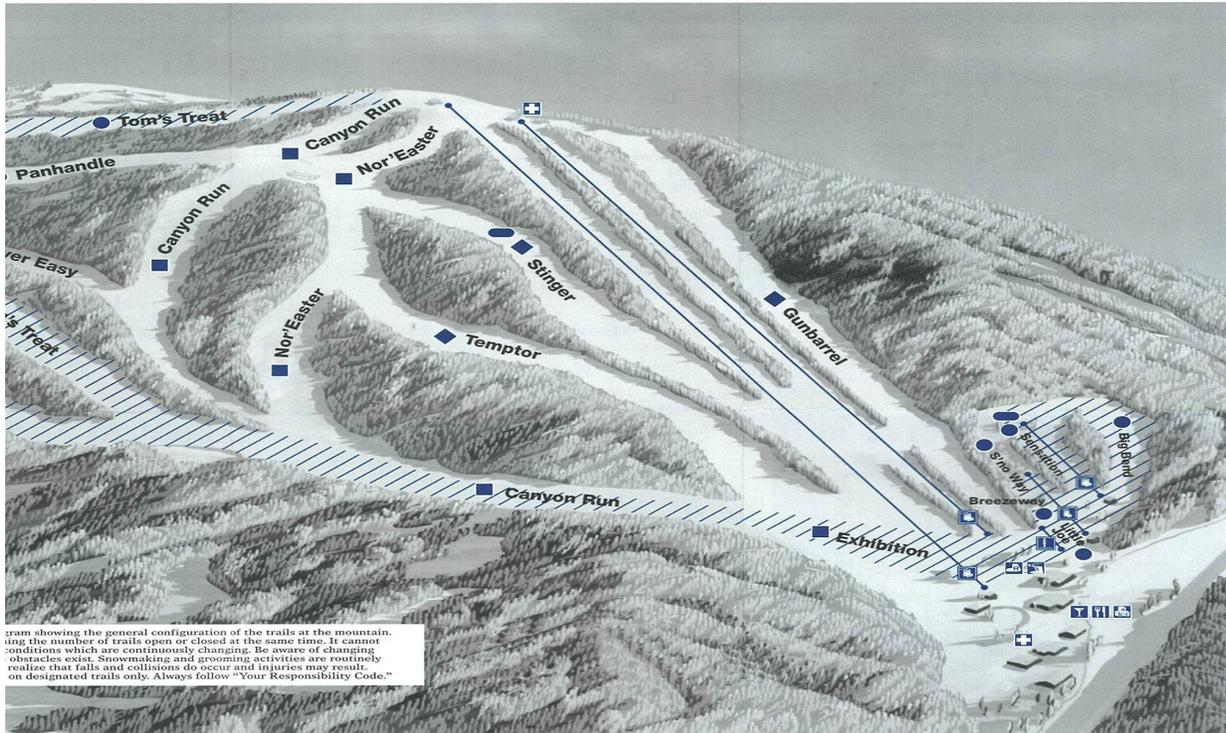
Treat on hill and transport to the base area treatment room. Assessment in the treatment room may result in no further treatment, transport to more advanced medical treatment center, transport to emergency room via ambulance or in the most severe cases helicopter.

If during initial on hill assessment it is determined that the injury or illness requires advanced medical attention EMS can be activated from the scene. The patroller radios the patrol base and the base will call 911.

The New Hartford Volunteer Ambulance is located 2.12 miles away and it takes five to seven minutes to respond. The NHVA transports patients to Charlotte Hungerford Hospital in Torrington CT. C.H.H. is a complete Trauma Center and has full medical services 24 hours a day. The distance from Ski Sundown to C.H.H. 17.45 miles and takes 20-25 minutes to travel.

If it is determined helicopter transport is necessary. Life Star is dispatched from Hartford Hospital in Hartford, CT. Arrival and transport times are typically 15-20 minutes.

Transport from the bottom of the race course via toboggan to EMS is about 225 feet. Ski Sundown Ski Patrol is a member of the National Ski Patrol.



ARE SERVICED BY SNOWMAKING. SKI CAUTIOUSLY THROUGH SNOWMAKING AREAS. KEEP AWAY FROM SNOWMAKING AND GROOMING EQUIPMENT.